

Maternity Leave Referral List

Molly will be out on maternity leave from November 2023 until March 2024

She will reach out to you via email when she is back in March

If you are wanting or needing support before Molly returns from leave, please see the following list of therapists and agencies in the Austin area.

If you are in immediate danger or are having a mental health crisis, please call the Travis County Crisis Hotline at (512) 472-HELP, the National Suicide Prevention Lifeline at 988, the Crisis Text Line (text "Home" to 741-741), or call 911 for immediate assistance.

Individual Therapy

- **Colors of Austin Counseling**
<https://www.colorsofaustincounseling.com/>
- **Therapy Austin**
<https://www.therapyaustin.com/>
- **Willow Tree Collective**
<https://www.willowtreecollective.com/>
- **Sanctuary Counseling**
<https://www.sanctuarycounselingaustin.com/>
- **Ascend Counseling**
<https://www.ascendcounselingwellness.com/>
- **Katie Callather Counseling**
<https://www.katiecullathercounseling.com/>

Teen and Family Therapy

- **Austin Teen Therapy**
<https://www.austinteentherapy.com/>
- **Ensemble Therapy**
<https://www.ensembletherapy.com/>

Therapy Directory Search Tools

Use the filters to help narrow down your search!

- **Inclusive Therapists:** <https://www.inclusivetherapists.com/>
- **Psychology Today:** <https://www.psychologytoday.com/>